

Helping patients when they return home

Our trained volunteers can help you to regain your independence on your return home. We can check that your power and heating are in order, assist with your shopping, pensions, meals, etc., let people know you are home, and generally help you settle back into your routine. This service is available for up to 3 days after your discharge from hospital, and is free. Look inside this leaflet for further details.



Contact:

Mary Brooke
Co-ordinator
Reading and Wokingham
Area

07887 878664

*Age Concern Berkshire
Huntley House
119 London Street
Reading
RG1 4QA
Tel: 0118 9594242*

Charity No. 226958

**Age Concern Berkshire:
Making more of life**

AGE Berkshire
Concern

Home from Hospital



***Patient Aftercare Scheme
Reading and Wokingham***

Home From Hospital Visiting Service

What is the 'Home From Hospital' Visiting Scheme?

- We provide short-term social and practical support, with the help of trained volunteers.
- This help is available to older people who feel they may need additional support after discharge from hospital

The aim of the service:

- To provide a "safety net" for the first 72 hours whilst confidence is regained
- To prevent delayed discharge by offering support to an older person, who was independent prior to admission and who is now medically fit but would like extra help and assistance on discharge

The service is available for people who are:

- Due to be discharged from hospital
- Resident in Berkshire
- Over 60 years of age
- In need of additional assistance after hospital treatment but are expected to recover their independence.

Included in the service:

The Service:

- Is offered for up to 3 days after discharge
- Provided by a team of trained volunteers
- There is no charge



We will:

- Visit the patient at home, after discharge, and in certain circumstances offer transport
- Ensure the home is safe to return to - checking all services (electricity, heating etc) are in order
- Help with settling back into the home routine
- Assist with shopping, pensions, meals etc.
- Notify GP, friends and family of discharge
 - Help and advise on any practical problems

We can also:

Refer to other Age Concern Services, e.g., Information and Advice, Handyman Service

Not included:

We cannot:

- Perform any personal care tasks
- Administer medication or change dressings
- Offer long term befriending
- Act as a substitute for statutory services

Getting in Touch

Who can refer to the service?

- Hospital Staff
- GP or other community agencies
- A family member or friend
- Personal Referral

How to make a referral

- If currently in hospital, the Ward Staff will contact the co-ordinator regarding the referral
- Family member or friend may contact the co-ordinator

If due to go into hospital and would like help and assistance please contact the co-ordinator as soon as possible.